

HART SWIMMING CLUB

Spring Level 3 Open Meet 2025

Saturday 1st /Sunday 2nd March 2025

Entries open on Thursday 9th January 2025 at 7.00pm

Closing date for entries is Sunday 16th February 2025

General conditions

1. This meet is a Level 3 Meet in accordance with the Swim England Meet Licensing Guidelines
2. The meet has been licensed at Level 3 by Swim England (Licence No. xxxxxxxxx).
3. The competition will be run under Swim England Laws & Technical Rules. In the interests of time 'over the top' starts will be used at the discretion of the referee.
4. The event conditions may be revised in response to guidelines from the Operator, Government and Public Health England sporting competitions.
5. Any situation not covered by these conditions will be handled at the discretion of the promoter, who also reserves the right to make changes to the programme of events that may be considered necessary for the smooth running of the meet
6. Swim England Transgender and Non-Binary Competition Policy Swim England has updated its Transgender and Non-Binary Competition Policy and this becomes effective on 1 September 2023. All Swim England affiliated bodies are required to implement this policy. Under the policy competitions where the results will be submitted to Rankings (as is the case for this meet) must be held with the following categories: Female – Swimmers with a birth sex of female and categorised as female in the Swim England on-line membership system. and Open/Male – Swimmers with a birth sex of male, Trans or non-binary swimmers and any swimmers not eligible for the female category. For the avoidance of doubt, swimmers eligible for the new Female category may not enter the Open/Male category.

Facilities

1. The pool length at Hart Leisure Centre is 25m consisting of 8 lanes with anti-turbulence lane ropes.
2. The pool depth at the shallow end is 1.0m and at the deep end it is 1.8m. All events will start at the deep end of the pool.
3. Electronic placing and timing will be in operation. If, for any reason, electronic time equipment is not available then manual times may be used instead.
4. A secondary strobe light is available, please request when entering.
5. Personal possessions and articles should not be left unattended. Lockers are available for the use of swimmers at a cost of £1.00, redeemable at the locker. Only small 'drawstring' bags will be allowed poolside.
6. There are café facilities at Hart Leisure Centre. Food is not permitted poolside. Drinks are allowed poolside though no cans, glass bottles or hot drinks are permitted on poolside.
7. The promoter, in conjunction with the Leisure Centre Operator, reserves the right to refuse admission to any person.

Spectators

1. Hart Leisure Centre has seating for over 250 spectators. There is parking at Hart Leisure Centre but any person parking for more than three hours must register their vehicle on the touch pad screens at reception (free of charge) to avoid parking tickets (£100).
2. A spectator entry fee of £7 for each session will be charged, or £12 for each complete day (children 16 or under free).

Eligibility

1. All swimmers must be current Swim England “Club Compete” members at the time they enter. You can check a membership record at <http://www.swimming.org/swimengland/club-member-check/>. A swimmer may only swim for one club at the meet and must be a registered member of that club.
2. Long course times will be converted to short course times.
3. Upper qualifying times will apply for the 50m, 100m & 200m events.
4. Lower qualifying times will apply for the 400m events.
5. The meet will be run as “age on the day” for swimmers 9 years and over on 2nd March 2025.

Entries

1. Entries for this Meet will be held on a computer and consent, as required by **GDPR**, to the holding of personal information on computer will be deemed to have been given by submission of entry.
2. **Cost per event, is £9.00 for 50m, 100m & 200m and £12.00 for the 400m events**
3. Administration Fee: Individual entries will be subject to a £10.00 administration fee.
4. No entry fee will be charged should an entry be rejected.
5. Club Entries will be by Hy-Tek Meet Manager[®] software only and will be accepted on a “**first come first served**” basis. Please note, however, that some events and sessions may become fully subscribed sooner than others. Acceptance into all events applied for cannot therefore be guaranteed.
6. Individual Entry Forms are accepted, and forms are available from www.hartsc.org/openmeets
7. If you have no time for an event use NT as the entry time.
8. All qualifying times post 1st January 2023 will be accepted.
9. Late entries may be accepted at the discretion of the Promoter. The promoters reserve the right not to accept entries.
10. Payment for entries and coach passes will be requested after entries accepted. Payment should be by transfer to our bank account as follows:

| | |
|------------|---------------------------|
| Account. | Hart Swimming Club |
| AC No. | 40458309 |
| Sort Code. | 20-16-99 |
| Ref. | LCQ + Name of Club |
11. There will be no refund of entry fees to swimmers who withdraw from events unless the withdrawal is for medical reasons. The promoter may request further evidence or proof as it deems necessary,
12. The swimmer is responsible for checking the entries and reporting errors to meetentries@hartsc.org
13. Swim England Rankings may reject Meet results containing errors. Errors are often caused by inaccurate names and dates of birth. To avoid the risk of rankings rejecting the results, entries may be validated against Swim England Membership records. Where entries cannot be validated Hart SC may attempt to correct any errors. If it is not possible to correct errors, then entries may be rejected. Hart SC cannot be held responsible for errors in submitted entries which result in rejections by Hart SC or where Swim England Rankings reject the results for that entry. Where an entry cannot be validated against Swim England membership date either before or after the meet, then the entry will be rejected and any results for that swimmer deleted, no refund will be given.
14. Where Upper Limit Qualifying Times apply, these will be provided in Appendix 1. Swimmers must not enter an individual event if their time is faster than the upper limit stated. All times submitted should be short course (25m). Long course times can be converted using Swim England Performance Tables if needed.
15. Age Groups: 9 Years, 10 Years, 11 Years, 12 Years, 13 Years, 14 Years, 15 Years, 16 Years & Over
16. The promoters reserve the right to exclude any swimmer from an event (without refund of the entry fee) if it is found they have a faster time on the Swim England Rankings that is outside the upper limit qualifying time for that event.
17. Any time trials are at the discretion of the promoter.

Medals/Trophies

1. All swimmers will compete together, seeded according to entry time. Results will be on a heat declared basis. Medals will be presented for the top 3 places (Male/Open and Female) in each event/individual age group 9, 10, 11, 12, 13, 14, 15, 16+
2. There will be trophies for overall Top Male/Open and Top Female swimmers across all 50m and 200m events competed for. Points will be awarded on an age group basis per event: 24pts for 1st place, 21pts for 2nd, 20pts for 3rd and so on. If there is a tie for the top Male/Open and Female swimmer, the youngest swimmer will be awarded the trophy. There will also be trophies for the Top Male/Open and Top Female in each age category across all 50m and 200m events competed for.

Meet Operations

1. There will be separate events for Open/Male and Female swimmers, however depending on entries, a mixed warm up may be used.
2. Swims will be seeded by submitted entry time, slowest first. Swimmers with no submitted entry time will swim first, youngest first.
3. We will be operating a 'Sign-Out' system. Coaches/Team Managers must lodge any withdrawals before the start of the warm-up in each session.
4. For all heat events we may operate 'Over the Top' starts for Freestyle, Breaststroke, Butterfly, and Individual Medley events. Swimmers from previous heat must remain in the water by holding onto the lane ropes by the start end wall until after the next heat has started. Swimmers must then exit the water by the steps as quickly as possible. This does not apply to Backstroke events.
5. Swimmers for the first event in each session must report to the marshalling area immediately after each warm-up. For other events, swimmers should report to the marshalling area at least one event before their own event.
6. It is the swimmers and their coaches' responsibility that they report to the Marshalls on time. There will be NO announcements calling late swimmers.
7. Entries should be accompanied by a qualified Team Manager and/or Coach in line with the Swim England Team Manager, Coach and Chaperone policy (SE1048) effective 1st September 2023. If you are unable to meet this requirement you may request supervision from Hart Swimming Club. Hart Swimming Club reserves the right to reject entries after the closing date if we are unable to meet the required supervision ratios on top of our own club swimmers. If you are entering independently, please indicate whether Hart Swimming Club supervision is required on the entry form.

Poolside Access

1. Only swimmers, officials and Volunteers displaying an appropriate pass will be allowed on poolside. All holders of Coach/TM passes must be Swim England registered.
2. Coach/TM passes are £15.00 per day including lunch & refreshments. All passes include entry to the pool; a programme of events for the whole day; start lists at the start of each session; and a full set of results which we will send to you within 3 days (in Hy-Tek® Meet Manager Report format).

Officials

1. Officials sign up will be via swim-meet.com. Drinks will be available for all officials and food will be provided for those working consecutive sessions.

Volunteers

1. Meets such as this are only possible if we get a sufficient number of volunteers to help out. If you would like to find out how you could help please email volunteers@hartsc.org or sign up via swim-meet.com to help during a session on the day.

Meet Results

1. Results will be posted at the meet in an appropriate location as soon as they are available and will be published on Meet Mobile.
2. All times recorded will be sent to the Swim England within 5 working days of the completion of the meet.

Meet Schedule

1. There will be two sessions each day with approximate timing as follows. **Session times are subject to change and will be confirmed after all entries have been processed.**

| | | Warm-Up | Start | Est. Finish |
|----------------|-----------|---------|-------|-------------|
| 1st March 2025 | Session 1 | 14:00 | 14:30 | 17:30 |
| | Session 2 | 18:00 | 18:30 | 21:30 |
| 2nd March 2025 | Session 3 | 12:00 | 12:30 | 15:30 |
| | Session 4 | 16:00 | 16:30 | 19:30 |

2. The programme order is as follows:

| Session 1 | | Session 2 | |
|--------------------|----------------------------------|--------------------|----------------------------------|
| Saturday 1st March | | Saturday 1st March | |
| 101 | Female 400m Individual Medley | 201 | Open/Male 400m Individual Medley |
| 102 | Open/Male 50m Backstroke | 202 | Female 50m Backstroke |
| 103 | Female 50m Freestyle | 203 | Open/Male 50m Freestyle |
| 104 | Open/Male 100m Breaststroke | 204 | Female 100m Breaststroke |
| 105 | Female 100m Butterfly | 205 | Open/Male 100m Butterfly |
| 106 | Open/Male 200m Freestyle | 206 | Female 200m Freestyle |
| 107 | Female 200m Breaststroke | 207 | Open/Male 200m Breaststroke |
| Session 3 | | Session 4 | |
| Sunday 2nd March | | Sunday 2nd March | |
| 301 | Female 400m Freestyle | 401 | Open/Male 400m Freestyle |
| 302 | Open/Male 50m Breaststroke | 402 | Female 50m Breaststroke |
| 303 | Female 50m Butterfly | 403 | Open/Male 50m Butterfly |
| 304 | Open/Male 200m Butterfly | 404 | Female 200m Butterfly |
| 305 | Female 200m Backstroke | 405 | Open/Male 200m Backstroke |
| 306 | Open/Male 200m Individual Medley | 406 | Female 200m Individual Medley |
| 307 | Female 100m Freestyle | 407 | Open/Male 100m Freestyle |
| 308 | Open/Male 100m Backstroke | 408 | Female 100m Backstroke |

3. It is the responsibility of individual club coaches to supervise their own swimmers during the warm-up proceeding each session.

Health and Safety

1. This meet will be held in accordance with any guidance issued by the Government, Swim England, Hart SC or the Hart Leisure Centre may issue additional guidance prior to the meet. Any guidance issued will take precedence over these conditions.
2. All swimmers and volunteers must comply with any guidance issued.
3. Any swimmer or volunteer who, in the opinion of the Referee, is not following the published guidance may be asked to leave the session. Participation in any future session will only be permitted at the discretion of the promoter. Any fees paid will not be refunded.
4. Swimmers must not get out of the pool (after their race) until authorised to do so.
5. Emergency exits must be kept clear at all times.
6. Swimmers must only bring a small pool bag in with them everything else must go in lockers (£1 returnable)
7. Swimmers are requested to keep all belongings in their small pool bag and not to leave their belongings unattended.
8. Swimmers are requested to remain in their allocated area unless being marshalled to a race or leaving poolside.
9. In each case, the referee, the promoter, and the pool management have complete discretion to make any decisions over health and safety matters which may arise on the day.
10. All swimmers, coaches and volunteers are required to comply with Swim England's 'Wavepower' guidance. Photography and the use of mobile phones is banned in the changing areas. Any person not meeting this requirement may be excluded from the meet with no refund of fee.

Photography

1. Anyone who wishes to take images are requested to focus on their own children as much as reasonably possible and to avoid including other children in images, particularly if those images are being shared with family and friends or through social media platforms. Whilst it is acknowledged that parents/carers wish to celebrate the achievements of their own children when taking part in aquatic events, it should be recognised and respected that other parents/carers may not wish for their child's image to be taken and shared in this way.
2. Only coaches and team managers may take photos or film races on poolside, and these must comply with Swim England guidance and the focus of the filming should be of their swimmers only. Any swimmer or coach found to be breaking these rules will be asked to leave the building and will take no further part in the Meet. The club also reserves the right to take further action against anybody breaking this rule.
3. The safety of children and young people for this event is of paramount importance. If you have any child safeguarding concerns at the event, please contact the Meet Promoter

Additional Conditions

1. The organisers and the pool management reserve the right to remove any swimmer or spectator from the pool area whose behaviour is either against the pool rules or the efficient running of the gala. Anyone found causing damage or seriously misbehaving, will be banned from the Meet and refused entry to the building.

2. Any dispute related to a matter not covered in these conditions shall be determined by the Promoter.
3. Hart SC or the Leisure Centre cannot accept responsibility for any personal possessions and articles left unattended. Lockers are available for the use of swimmers at a cost of £1.00, redeemable at the locker.

Privacy Notice

1. Hart SC will act as data controller for all information collected as part of this meet. This will include entrant details and results. This information may be provided by you directly or collected on the day of the event.
2. The lawful reason we hold this data is known as "legitimate interest". This is because we, and the wider swimming community, have an interest in ensuring the meet is held in an open and transparent way.
3. Details of the results may be published on swimmeets.org. We will also transfer the results of the meet to Swim England for inclusion on rankings. If you do not wish your details to be published on the website and passed to rankings you must inform us in advance; you should be aware that results will not be confirmed by any other method. Your details will not be shared with any other parties and will not be transferred outside of the UK.
4. We will retain details of the entries for a minimum of 6 months and for no more than 18 months. Details of the results will be retained as part of club records.
5. You may request details of the information we retain. You have the right to register complaints with the Information Commissioner's Officer.

Entries Coordinator & Meet Promoter

1. For all information regarding this meet, including queries and submission of electronic entries, individual Entry Forms, payments and application for poolside passes please contact meetentries@hartsc.org
2. The decision of the referee on all aspects of the Meet is final. Matters other than those under the control of the referee, not covered by these conditions, shall be decided upon and resolved by the promoters.
3. By submitting an entry, participants have deemed to agree to such condition.

Appendix 1

1. All entry times must be **no faster** than the Upper Limit times for the Meet (as shown below). The Upper Limit times apply at the time entries are submitted. There is no requirement to withdraw a swimmer if he or she subsequently goes faster than the Upper Limit time.
2. For 400 metre events entry times must be equal to or faster than the Lower Limit times for the Meet (as shown below). There will be a restriction on the number of heats for all 400 metre events.
3. All entry times should be submitted as short course (or long course converted) times.

Qualifying Times – Open/Males

| | Upper Limit Times for Open/Males (short course) | | | | | | | |
|------------------------|---|---------|---------|---------|---------|---------|---------|---------|
| | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16+ |
| 50m Freestyle | 33.15 | 30.50 | 28.90 | 29.20 | 26.20 | 25.40 | 23.90 | 23.00 |
| 50m Breaststroke | 43.90 | 41.00 | 38.30 | 36.10 | 33.50 | 33.30 | 30.20 | 30.00 |
| 50m Backstroke | 38.60 | 35.40 | 33.70 | 31.90 | 30.50 | 29.50 | 27.90 | 27.20 |
| 50m Butterfly | 37.50 | 34.30 | 32.20 | 30.50 | 28.30 | 28.00 | 26.00 | 25.80 |
| 100m Freestyle | 1:12.00 | 1:07.20 | 1:03.40 | 59.50 | 57.20 | 55.30 | 52.20 | 51.85 |
| 100m Breaststroke | 1:38.20 | 1:30.20 | 1:23.90 | 1:18.80 | 1:13.60 | 1:12.30 | 1:07.10 | 1:06.30 |
| 100m Backstroke | 1:24.00 | 1:16.50 | 1:12.40 | 1:08.50 | 1:05.50 | 1:02.70 | 59.30 | 57.80 |
| 100m Butterfly | 1:26.00 | 1:20.30 | 1:14.20 | 1:08.80 | 1:03.70 | 1:02.20 | 57.30 | 57.00 |
| 100m Individual Medley | 1:25.00 | 1:22.45 | 1:15.65 | 1:11.40 | 1:07.15 | 1:05.45 | 1:02.05 | 59.50 |
| 200m Freestyle | 2:33.00 | 2:24.50 | 2:17.60 | 2:10.10 | 2:05.20 | 2:02.90 | 1:54.70 | 1:50.50 |
| 200m Breaststroke | 3:24.80 | 3:12.80 | 3:01.70 | 2:51.80 | 2:41.40 | 2:38.00 | 2:27.60 | 2:27.00 |
| 200m Backstroke | 2:56.30 | 2:41.00 | 2:34.10 | 2:28.50 | 2:21.90 | 2:16.60 | 2:10.00 | 2:07.50 |
| 200m Butterfly | 3:06.60 | 3:01.70 | 2:50.60 | 2:39.00 | 2:25.30 | 2:23.50 | 2:13.20 | 2:11.75 |
| 200m Individual Medley | 3:00.80 | 2:46.80 | 2:38.10 | 2:30.50 | 2:23.10 | 2:21.10 | 2:11.30 | 2:11.00 |
| | Lower Limit Times for Open/Males (short course) | | | | | | | |
| 400m Freestyle | 6:40.00 | 6:40.00 | 6:18.00 | 6:00.00 | 5:49.00 | 5:25.00 | 5:10.00 | 4:56.00 |
| 400m Individual Medley | 7:10.00 | 7:10.00 | 7:00.00 | 6:50.00 | 6:05.00 | 5:57.00 | 5:39.00 | 5:31.00 |

Qualifying Times –Females

| Upper Limit Times for Females (short course) | | | | | | | | |
|---|----------|-----------|-----------|-----------|-----------|-----------|-----------|------------|
| | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16+ |
| 50m Freestyle | 33.90 | 30.70 | 29.60 | 28.90 | 28.30 | 28.10 | 27.20 | 26.00 |
| 50m Breaststroke | 44.20 | 40.60 | 38.20 | 37.30 | 36.60 | 36.50 | 34.80 | 33.15 |
| 50m Backstroke | 38.70 | 35.60 | 34.00 | 33.10 | 32.70 | 31.90 | 30.60 | 29.60 |
| 50m Butterfly | 37.55 | 34.00 | 32.40 | 31.90 | 30.80 | 30.50 | 29.30 | 28.20 |
| 100m Freestyle | 1:13.00 | 1:08.20 | 1:04.20 | 1:03.30 | 1:01.40 | 1:00.10 | 58.50 | 57.80 |
| 100m Breaststroke | 1:33.50 | 1:29.70 | 1:23.30 | 1:22.30 | 1:19.00 | 1:18.90 | 1:15.60 | 1:13.90 |
| 100m Backstroke | 1:22.40 | 1:16.50 | 1:13.40 | 1:11.10 | 1:08.40 | 1:07.90 | 1:05.70 | 1:04.60 |
| 100m Butterfly | 1:24.10 | 1:18.70 | 1:12.60 | 1:12.40 | 1:09.00 | 1:07.40 | 1:05.50 | 1:04.10 |
| 100m Individual Medley | 1:23.60 | 1:20.75 | 1:14.80 | 1:11.40 | 1:08.00 | 1:06.30 | 1:04.60 | 1:02.90 |
| 200m Freestyle | 2:38.60 | 2:27.20 | 2:19.30 | 2:16.70 | 2:12.00 | 2:11.80 | 2:06.00 | 2:05.80 |
| 200m Breaststroke | 3:25.00 | 3:10.50 | 2:58.50 | 2:56.60 | 2:51.10 | 2:50.00 | 2:44.60 | 2:39.50 |
| 200m Backstroke | 2:58.20 | 2:43.30 | 2:35.50 | 2:31.40 | 2:28.00 | 2:25.90 | 2:24.30 | 2:19.40 |
| 200m Butterfly | 3:09.00 | 3:00.30 | 2:46.00 | 2:43.10 | 2:34.70 | 2:33.20 | 2:29.40 | 2:26.20 |
| 200m Individual Medley | 3:01.00 | 2:47.80 | 2:39.20 | 2:35.60 | 2:29.60 | 2:29.40 | 2:25.00 | 2:22.00 |
| Lower Limit Times for Females (short course) | | | | | | | | |
| 400m Freestyle | 6:40.00 | 6:40.00 | 6:18.00 | 6:00.00 | 5:49.00 | 5:21.00 | 5:07.00 | 4:59.00 |
| 400m Individual Medley | 7:10.00 | 7:10.00 | 7:00.00 | 6:50.00 | 6:17.00 | 6:02.00 | 5:53.00 | 5:40.00 |